

Courses organised during the School-Holidays

DIFFERENT FORMULAS

MINI CLU B (from 3 to 5 years old)

the day will be divided up into 4 sessions of 90 min.
 Morning: Tennis-Swimming-Circuits+games of development
 Afternoon: Art craft and balgames

Art craft + Swimming

NEW

Groups aged (3 to 5 yrs old) or (5 to 8 yrs old)
 Morning; in groups of 12, activities and artistic excercises
 Afternoon; in groups of 6, learning how to cope with swimming and initiation to Mini-Tennis

Mini-tennis (from 5 to 7 yrs old)

To learn and control the basic technique and tactics of tennis using the right equipment on cou rt. 8 children/group max.
 mini-tennis half day (2hrs of tennis and 1hr of swimming)
 mini-tennis+multi-sports (tennis in the morning, multisports afternoon)

TENNIS FOR TEENAGERS (from 8 to 18 yrs old)

To learn and complete all different aspects of the game:
 Technique, tactics, physique and mental coaching. 6 sudents max./group
 Half day tennis (3hrs of tennis in morning or 2hrs tennis and 1hr of swimming in afternoon)
 Whole day tennis (3hrs tennis in morning, 2hrs tennis in afternoon + one hr swimming)

MULTISPORTS

NEW

Groups of 12 from (7 to 9yrs old or 10 to 12yrs old)
 Devision of the day: 3hrs of team-sports or squash+2hrs of swimming+1hr of tennis
 Teamsports are mini-football, hockey, Basket-ball and Base-ball.

TENNIS ADOLESCENTS (14yrs +)

NEW

Intensive tennis training in sessions of 90minutes from Monday to Friday untill 15.00 or 16.00, in groups of 8 on two courts with one teacher

IMPROVEMENT OF SWIMMING TECHNIQUES

NEW

(Suitable for 10yrs +) Improvement on crawls, breast and back stroke during 1hr in groups of minimum 4, maximum 6 children

DATES

Du 15/02 au 20/02

12 DIFFERENT FORMULAS		PRICE-LIST		PRICE-LIST
	9HR TO 12H	13HR TO 16HR	MEMBER(global)	NON-MEMBER
<input type="checkbox"/>	ACTIVITIES	SWIMMING	€ 75	€ 90
<input type="checkbox"/>	MINI-CLUB *		€ 80 (€ 65)	€ 95
<input type="checkbox"/>	MINI CLUB *	MINI CLUB	€ 115 (€ 100)	€ 130
<input type="checkbox"/>	MINI-TENNIS *		€ 80 (€ 65)	€ 95
<input type="checkbox"/>	MINI-TENNIS *	MULTISPORT	€ 115 (€ 100)	€ 130
<input type="checkbox"/>	TENNIS		€ 90 (€ 75)	€ 105
<input type="checkbox"/>		TENNIS	€ 90 (€ 75)	€ 105
<input type="checkbox"/>	TENNIS	TENNIS	€ 150 (€ 135)	€ 170
<input type="checkbox"/>	TENNIS	MULTISPORT	€ 145 (€ 130)	€ 160
<input type="checkbox"/>	MULTISPORTS	MULTISPORT	€ 75 (€ 60)	€ 90
<input type="checkbox"/>		ADOL.15-16H	€ 75 (€ 60)	€ 90
<input type="checkbox"/>		SWIMMING	€ 75	€ 105
<input type="checkbox"/>	LUNCH AND DRINKS		€ 30	€ 30

*PER DAY MEMBER € 24

NON-MEMBER 28 EURO

*PER HALF-DAY MEMBER € 18

NON-MEMBER 21 EURO

NAME: FIRST-NAME:

Age: Adres :

Post-Code: Community:

Private phone nr: Office phone nr:

GSM :

I will allow (name and first-name)
 my son/daughter to participate at this stage.

Date: Signature:

P.S. A deposit of 25,00€ per infant will confirm his /her place
 KBC: 734-2000740-27